

Pathways

Community

Interest

Company

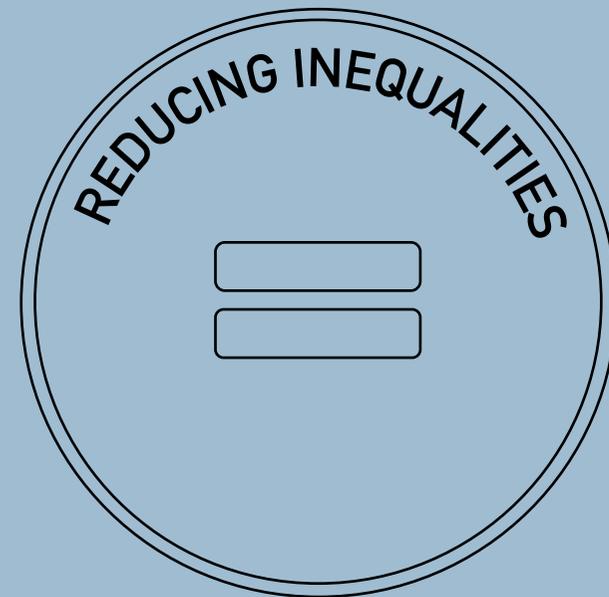


*Annual Report
2017*

Registration number: 05774171

Introduction

Pathways Community Interest Company was established in 2006. We are a 'for better profit' social enterprise. We work hard to improve the health and wellbeing for the communities we serve by promoting positive health, positive lifestyle, positive employment and positive families



The Services we provide are:

HEALTHY Manchester – supporting unemployed people with health conditions to improve their wellbeing and move closer to employment, accessed via your GP

Fit for Work Manchester – supporting people in the early stages of sickness absence to return to work quicker than without an intervention

Black Asian and Minority Ethnic Wellbeing Service – supporting people from Black Asian and Minority Ethnic communities to access wellbeing services within the community in South Cheshire.

Bridging the Gap – supporting people with health conditions who are out of work to move closer to employment

Working Well – supporting people who are in receipt of health benefits, to help improve their overall health and wellbeing and begin to move forward to find employment when appropriate, accessed via your GP

Alternative Solutions – social prescribing programme for all adults aged 18+ accessed via your GP in South Cheshire and Vale Royal.

Salford Health Works – supporting people to improve their lifestyle such as lose weight, increase their physical activity, reduce alcohol consumption, quit smoking, improve mood, and support to move closer to work accessed via your GP

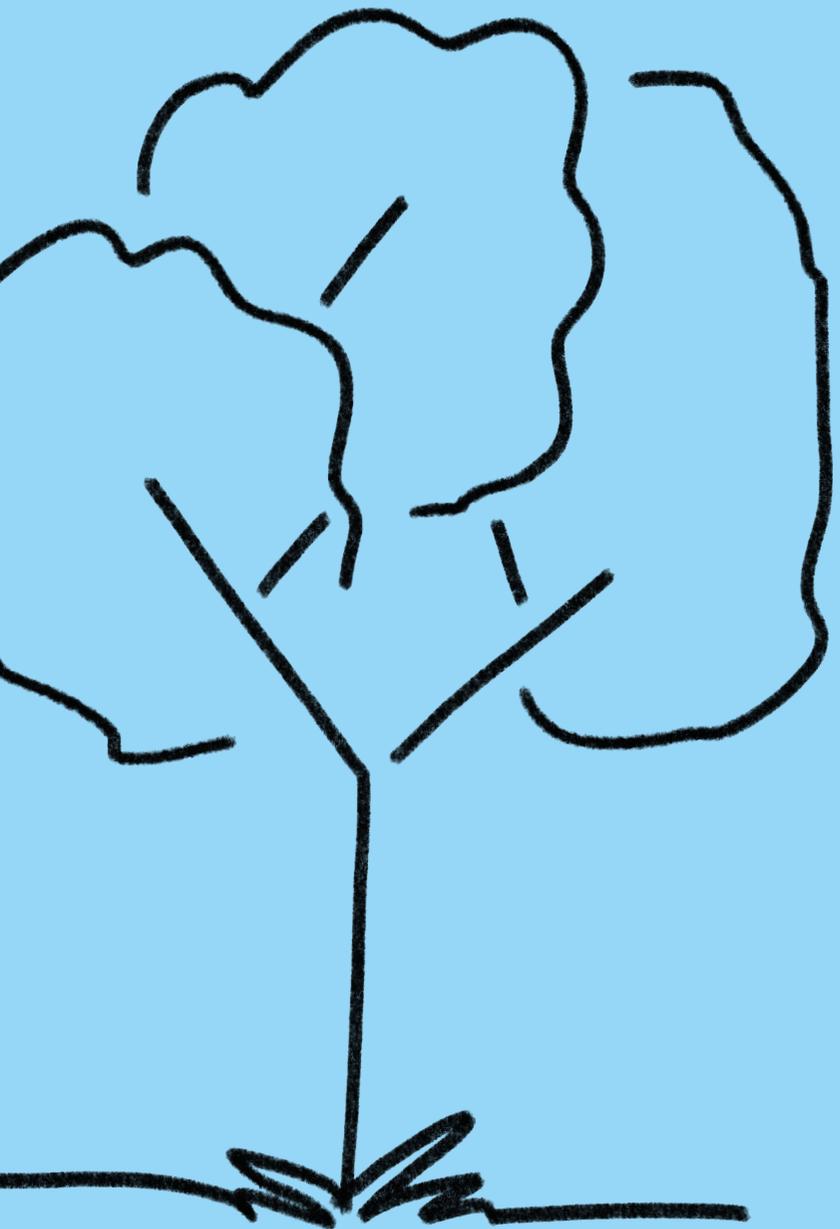
Be Well - Community Links for Health Social Prescribing Programme North Manchester – accessed via your GP.
Consultancy Services to support employers to improve the wellbeing of their staff



Pathways Service Model

Our services use a bio-psychosocial model because we understand that whilst someone's health condition has biological origins, the impact of any health condition is felt physically, psychologically and socially. We know people need medical support to keep them alive, but people also need psychological and social support, to enable them to live.





Supporting people to move into work or to retain their work is one of the best way to reduce the negative health impacts of unemployment

A further area of focus for Pathways work is delivering effective social prescribing services. Social prescribing is listed as one of the top ten NHS changes.

Social Prescribing is a way that a health professional can support people to gain the support they need to improve their health and wellbeing by finding solutions to people's social, emotional and practical needs through services available within local communities.



We also support people to improve their wellbeing by supporting them to improve their lifestyle with regard to weight management, alcohol reduction, quit smoking and increase their physical activity.

Outcomes we have achieved include :

Through the support we provide, we have successfully improved the health and wellbeing of 1746 clients.

Fit for Work service has supported 400 clients

HEALTHY Manchester has supported 595 clients

Alternative Solutions has supported 295 clients

Working Well has supported 400 clients

Bridging the Gap has supported 30 clients

Black, Asian and Minority Ethnic Wellbeing service has supported 76 clients

New programmes commencing in 2017 include Salford Health Works, Be Well which have supported 400 clients

Return on Investment

We recognise that public funds are limited, and we want to make sure investment in Pathways services makes a difference to the communities we serve.

This year, for every £1 invested in Pathways, we made cash savings of £3.16 to the NHS and the Department for Work and Pensions.

We know our clients not only want to live longer, but also to being able to have a better quality of life for the years that they live. Anything under £20,000 per quality of life year is considered cost effective by NICE, and anything under £10,000 is considered highly cost effective. The cost per quality of life year for Pathways services average at £7000 per quality of life year, falling to £3,700 where our services solely focus on those with mental health issues. This shows that Pathways services represent highly cost-effective use of scarce NHS resources.

This shows that Pathways has saved the public purse **£2,127,000** over the financial year and social value savings of **£34,302,857.14**

Quality achievements made throughout the Year

We know 'good work' is good for our health, and we have striven to ensure we gained Silver accreditation for the Investors in People Award and the Investors in People Wellbeing Award, demonstrating our commitment to be a 'good' employer

Ensuring that we deliver quality services and that clients' information is secure are key cornerstones of our services. We have gained ISO9001 quality accreditation and ISO27001 information security accreditation this year.

Working with educational institutions is important to ensure the learning from our programmes can be shared. In addition to speaking at events at Liverpool University, Pathways' work has been included in the Work Foundation Report (2017) Addressing the Health Obstacles to Employability

Pathways benchmarks itself nationally and is ranked 11th in the Country on the RBS SE100, and in the top 4.8 social enterprises nationally for social value.



Produced by George Stone in partnership with Pathways CIC